

Ms. Sandra Noyola
Principal

Ms. Eliza Figueroa
Assistant Principal

Keep On Moving November 2018



Dear Parents:

I hope that your child has come home excited to share what they have been learning in Phys. Ed. The start of the school year was all about creating an environment conducive to learning and being physically active. Students learned the 4 rules to having a productive class, which are:

1. Safety – wearing sneakers, moving correctly, being aware.
2. Listen – responding to cues, and following instructions.
3. Cooperate – sharing, choosing positivity, and teamwork.
4. Raise your hand – Everyone's voice & participation matters.

Students are currently engaging in the Locomotor Go unit. This unit explores the different ways to travel in space. Classes are learning different types of locomotor movements, balancing, jumping rope, chasing-fleeing-dodging, and track. We will soon kick-off our Rising New York Road Runners activities. If interested in learning about Rising New York Road Runners log onto www.nyrr.org and locate the Youth and Schools link. Also, students participated in the 3rd Annual NYS AHPERD Health & PE Get NY Moving Week, where we explored different equipment found in fitness gyms.

Be on the lookout for Family & Me – Physical Literacy events.

I look forward to supporting every student's growth, development, and the passion to **Keep On Moving**.

Mr. Scott
Physical Education Teacher